Be Her Freedom 5k Entry Form

Race registration time: 12:15 am

Race Start Time: 1:00 pm

Conway, AR

BBA Parking Lot

University of Central Arkansas

Sponsored by Alpha Sigma Tau

Supporting the A21 Campaign

April, 14 2013

Last Name:	First Name:	
Date of Birth	Sex: M / F	Age on 04/14/13:
Address:		
City, State, Zip:		
Email address:		
Shirt Size: S	M	L XL XXL
Circle One: Individual Runner	Team Runner, Team Name:	Family

Packet Pick-up: Runners wanting to pick up race packet earlier than race date should contact Anna Acre at (501)450-0710 or Savannah Cousins at (479)-208-2146. All other packets should be picked up on April, 14 2013 at 12:15 a.m. at registration tent located at University of Central Arkansas's BBA parking lot on the corner of Donaghey and Bruce.

Release: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races, including, but not limited to falls, contact with other participants, effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read the waiver and knowing these facts , and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Alpha Sigma Tau A21 Campaign, the city Conway, Arkansasrunner.com, and all sponsors, their representatives and successors from all claims or liabilities, of any kind arising out of my participation in the race and/or club activities even though liability may arise out of negligence or careless on the part of the persons names and this waiver. I grant permission to all the forgoing to use photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature:	Date:
Parent Signature if under 18 years:	Date:

Make Checks payable to Alpha Sigma Tau and mail to :
Alpha Sigma Tau
3640 Treetop Circle
Conway, AR 72032

Individual: $20 before Fri., March 29, 2013 -$25 day of race -Group: $15/person (group of 10 or more) – Family rate (family of 4 or more): $15/person Students: $15

Total Amount enclosed:_____

A confirmation email with further race information will be sent to the address listed above. Please bring your receipt and photo ID for packet pick up.

For information, email aacre1@uca.edu or savannahcousins@cox.net